**NURSING ASSISTANT/HOME HEALTH AIDE**

**Program Objective/Description:**

The Nursing Assistant/ Home Health Aide program is designed to train students in all of the relevant aspects of long term patient care under the supervision of a Registered Nurse. Completion of this program prepares graduates to sit for the Certified Nursing Assistant Exam. Students will demonstrate their skills in a 40-hour clinical rotation. Upon completion of this program graduates will be able to possess skills and hands on experience and seek entry level employment as Nursing Assistants and Home Health Aides.

**Program Length:** 9 weeks (2.25 months)

**Class Schedule:** Monday thru Thursday (20 contact hours per week)

Morning: 8:30 am - 1:30 pm

Evening: 5:30 pm - 10:30 pm

**Credential:** Diploma

**Program Length: Total Contact Hours:**

Clock Hours 180 Theory Hours 68

Credit Hours N/A Lab Hours 72

Externship Hours 40

**Program Breakdown by Course**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Course Code** | **Course Title** | **Theory Hours** | **Lab Hours** | **Externship Hours** | **Total** |
| PCT103 | Fundamentals of Patient Care I | 30 | 30 | 0 | 60 |
| PCT105 | Fundamentals of Patient Care II | 30 | 30 | 0 | 60 |
| NA/HHA107 | Procedures and Lab Skills | 8 | 12 | 0 | 20 |
| NA/HHA109 | Nursing Assistant Externship | 0 | 0 | 40 | 40 |
|  | **Total Hours** | **68** | **72** | **40** | **180** |

**Disclosure**: Total hours of classes and externship will not exceed 40 hours in one week. Upon completion of the program the student will receive a diploma.

**PROGRAM COURSE DESCRIPTION**

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| --- | --- |
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**PCT103 Fundamentals of Patient Care I 60 Clock Hours**

**(30 Theory Hours/ 30 Lab Hours)**

In this course students develop the skills to perform patient care procedures, such as ambulation, output measurements, patient positioning, range of motion exercises, personal care, bed making, taking vital signs, and other important functions and procedures required in patient care. Students develop skills in patient care, specifically in physical comfort and patient safety. Students will learn the importance and the appropriate procedures and actions in creating a comfortable and safe environment for patients. Protocols for patient care include nourishment, nutrition and procedures for feeding patients. Students learn the importance of balanced nutrition, diabetic diets, other special needs diets, and essential nutrition principles for patients. In services: **HIPAA, OSHA**, **Domestic Violence, Alzheimer’s Disease, Communication with cognitively impaired clients,**

**Prerequisite:** None

**PCT105 Fundamentals of Patient Care II 60 Clock Hours**

**(30 Theory Hours/ 30 Lab Hours)**

This course is designed to help students understand the needs of surgical patients, the common, chronic, and acute conditions. Students will learn the standard protocols, physical care and comfort, appropriate communication with post-operative patients and their families. Also this course is designed to provide safety, sanitation and emergency skills in the context of the Nursing Assistant. Students will learn to identify emergency situations from possible adverse pharmaceutical reactions, to cardiac arrest. Students will learn to survey each setting in which a patient is located in order to assess safety, and practice sanitation skills. Students will learn the process, techniques and procedures involved in rehabilitative care. Students will learn their role in the process of rehabilitation. This course also provides training in geriatric care. Students will learn communication techniques and real world circumstances involved in caring for the elderly. Students will become oriented as to the purpose and history of home health care. Students will learn about the medical workers involved in home health care and the role of the home health aide in the home health setting. Students will practice patient care skills and administrative skills involved in home health; this includes new born care and children with disabilities. **In Services:** **Assistance with Self-Administered Medication Training, Resident Right, Medical Errors and Medical Record In service**

***Pre-requisite(s)*** *None*

**NAHH107 Procedures and Lab Skills 20 Clock Hours**

**(8 Theory Hours / 12 Lab Hours)**

This course will provide the students with the important information concerning to the HIV/AIDS, history and development of the disease, procedures and protocols required for the caring of the AIDS patient, the stage of carrier, expectations, etc. The Basic Life Support for Healthcare Providers(BLS) Classroom Course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. Upon completion of the course and passing the test the student will receive the BLS card from the AHA valid for two years.

Also in this course the student will be prepared to take and assure a better passing rate of the Nursing Assistant Certification Board (CNA) exam which is the most recognized certification among employers. The course outline will follow the official CNA blue print to ensure that every major topic will be covered and discussed during the total length of the course

**Pre-requisite(s):** None

**NAHH109 Nursing Assistant Clinical Externship 40 Clock Hours**

**(0 Theory Hours /0 Lab Hours /40 Externship Hours)**

Students will have the opportunity to work in a Nursing Care Facility where they will gain exposure to real life care giving experiences. Under the supervision of a Registered Nurse, students will have hands on opportunities to apply skills which complete the educational experience of a Nursing Assistant.

**Pre-requisite(s):** Successful completion of all didactic and lab courses

**Disclosures:**

Students must pay $50 registration fee and $9.00 background fee at the time of enrollment.

Books and supplies after cancellation period are not refunded.

\*\* Cost for Florida Certified Nursing Assistant exam

* Nursing Assistant Competency Examination: Written - Clinical Skills English - $140.00
* FBI Background Screening - $80.67

Students for this program must wear proper medical attire. Uniforms are purchased by the student. Scrub set $25 each.